

# EMPOWERMENT



## For Mental Health Consumers

In this peer facilitated group you will:

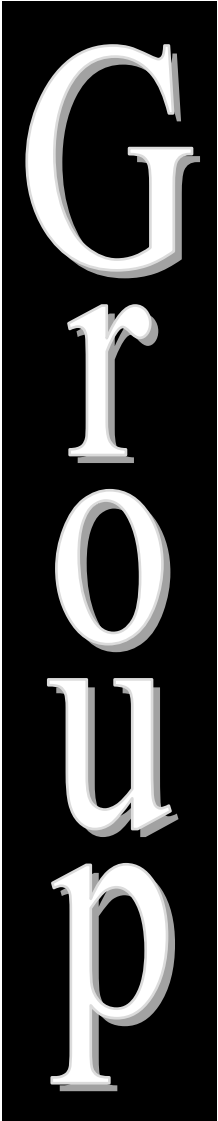
- Expand you personal and political power.
- Become a more effective advocate for yourself and others.
- Take control of your health, your future, your life!

*Meeting every Monday from 11:00 a.m. to Noon*

Free ~~~ Drop-in

Sponsored by Granite State Monarchs  
 64 Beaver Street, Keene, NH 03434  
 Call 603-352-5093 for more information

Granite State Monarchs is a Monadnock United Way Agency



Empowerment Group

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