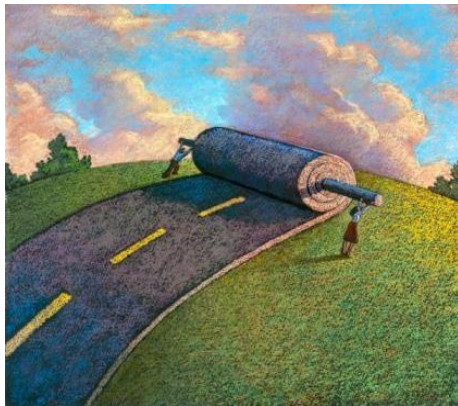


Mission Statement

The mission of the Granite State Monarchs is to promote peer support by providing educational, vocational, interpersonal, social, and spiritual opportunities for consumers of mental health services and by facilitating recovery through peer support, empowerment, and personal growth.



**SUPPORTING EACH OTHER
ON THE ROAD TO RECOVERY**

Open

**Monday, Tuesday, Thursday, Friday:
10:00 a.m. to 4:00 p.m.**

**Wednesday: 1:00 p.m.
to 7:00 p.m.**

Warm line

5:00 p.m. to 10:00 p.m.

Drop in or call for information on weekly scheduled activities, events, and services.



GRANITE STATE MONARCHS

P.O. Box 258
64 Beaver Street
Keene, NH 03431

Phone and Fax: (603) 352-5093

damienjl@gsmonarchs.org

Granite State Monarchs - A United Way Agency



GRANITE STATE MONARCHS

PEER SUPPORT CENTER

Recovery — Wellness — Empowerment

P.O. Box 258
64 Beaver Street
Keene, NH 03431

Phone and Fax: (603) 352-5093

dlicata@gsmonarchs.org

Membership

Granite State Monarchs is an independent, non-profit organization.

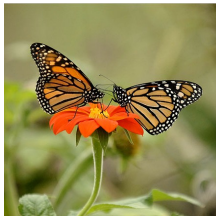
Membership is easy and free, but anyone is invited to participate.

As our by-laws state, prospective members will meet the following criteria: 1) they self-identify that they are currently receiving, or have received in the past, mental health related services, 2) they are eighteen years of age or older, and 3) they are willing to commit to the mission of our organization.

Member meetings are held monthly.

Social Activities

We provide opportunities to connect and have fun through activities such as arts and crafts, watching movies, taking walks, weekly community lunch, outreach visits, fairs, concerts, athletic events, and more!



Educational Opportunities

Wellness and Recovery Workshops

Newsletter Publication

Support Groups

Volunteering

Participation in Local and State Boards and Committees

Advocacy

Vocational Opportunities

On-Site Consumer Employment

Employment Skills Training and Support

Basic Computer Skills Training



Warm Line

The Warm Line is a confidential, non-judgmental peer support service. It is available evenings from 5:00 to 10:00 P.M., *seven nights a week*. If you are feeling lonely, stressed, or just want to talk with someone,



call **352-5093**

or toll-free **1-866-352-5093**

Support Groups

Wellness and Recovery

Bipolar/Depression Support

Inner Peace

Peer Support/Healing

Psychiatric Survivors

Men's Group

Women's Group

More...